



# Highlander Football

[www.howellfootball.com](http://www.howellfootball.com)

Welcome 2012 HAJFL Football Players!

Freshman  
Football Staff

Head Coach:  
*Doug Sams*

Asst. Coaches:  
*Tom Barrett*  
*Jim Bunn*  
*Jason Ladd*  
*Nick Simon*  
*Richie Wilson*

Team Mom:  
*Kelly Clymer*

Here are some notes and important dates to help you and your parents plan for the 2012 Howell High School Freshman Football Season:

1. A Doctor's Physical Must be on File with the Athletic Director Before the Start of Practice in August, 2011. The Physical Must Be Dated on or After **April 15<sup>th</sup>, 2012**. No Player Will Participate Without an Approved, Dated, Signed, Physical. There are no exceptions.
2. A **Participation Fee of \$150** to Play HHS Football in 2012 is Required. Make Checks Payable to: *Howell Football or Howell Schools*.
3. Coach Will Visit the Middle Schools in February, 2012, to Conduct Information Meetings with 8<sup>th</sup> Graders Interested in Participating in Freshman Football.
4. Weight Training and Conditioning Will Begin on or About March 5<sup>th</sup>, 2012 in the Howell High School Field House Weight Room. We Will Meet on Mondays, Wednesdays, and Thursdays from 6:00 – 7:30 PM Until Practice Begins in August. Gym Attire is Required. Please, No Jewelry or Valuables.
5. Official Summer Practice Will Begin on or About August 6<sup>th</sup>, 2012. We'll Practice Monday Thru Friday, 2:45 PM – 7:00 PM for the 1st Two Weeks. Then, School Day Practice Will be from 2:45 PM – 6:00 PM. (**MHSAA Determines Start Date. Start Date is Subject to Change.**)
6. The Football Program Conducts a Summer Football Technique Camp and it is Usually the Last Full Week in July. Players are Expected to Attend. Exact 2012 Dates TBA.
7. Player Registration is Done On-line at [www.howellfootball.com](http://www.howellfootball.com) and Will Begin in March, 2012. Instructions Will Follow.

Hope You Find These Notes Helpful.  
We're Looking Forward to Working with Each of You!

